

TO: Athletic Teams Competing at Graceland University
FROM: John Bartholomew MS, ATC, CSCS. Phone: W: 641-784-5042 H:641-784-4677 Cell 515-554-6940

RE: Personnel, Services, and Equipment Available for contests at Graceland University.

ATHLETIC TRAINING COURTESY SHEET

The Athletic Training staff at Graceland University is very pleased to have your team on our home schedule this year. The following services will be available to you during your visit to Lamoni.

1. Certified Athletic Trainers: Present at all varsity and jv contests.

2. Athletic Training Room Services:

The Athletic Training Room is located on the east side of the Closson Gym. There is also a facility located near the soccer fields. No facilities are available at cross country meets, baseball and softball. Please call for arrangements if you are at those facilities.

The Graceland Sports Medicine Staff will tape visiting athletes prior to each contest, **ONLY** when supplies are furnished by the visiting teams.

A team physician will be on the sideline of all varsity football games along with EMS services at all home football events.

Whirlpool & hydrocollator treatments will be given upon request of the athlete's athletic trainer or coach. Other modalities such as ultrasound or muscle stimulation will be administered **ONLY** with written note from the athletic trainer or team physician.

Water, biohazard waste receptacles, ample cups and ice will be provided as well as emergency first aid equipment (i.e. backboard, crutches, and vacuum splints). Let us know if we can provide any other materials or assistance.

3. **Staff**: 641-784-5392

John Bartholomew: Men's and Women's Soccer, XC, Baseball and Softball
Erin Lundy: Football and Men's Volleyball

Jessica Wallace: Cheer, Women's Basketball
Brandy Leffler: JV Football, Track
Dylan Hogan: Women's Volleyball, Men's Basketball

4. **Hospital:** Decatur County Hospital Leon, IA 641-446-4871
Student Health Services: Benna Easter, RN 641-784-5372 H: 641-784-7650
Team Physician: Mark Easter, DO
Ambulance: 911

5. **Hospital Directions**

Turn **L** on MAIN ST - go 1.2 mi
MAIN ST becomes US-69 - go 1.7 mi
Turn **L** onto I-35 NORTH - go 8.2 mi
Take exit #12 toward MOUNT AYR/LEON - go 0.4 mi
Turn **R** on IA-2 - go 4.4 mi
IA-2 becomes W 1ST ST[US-69] - go 0.5 mi
Turn **L** to follow US-69 - go < 0.1 mi
Arrive at 145 NW CHURCH ST, LEON, on the **R**